

# Campus Kindergarten

St. Lucia, Queensland

Newsletter 19<sup>th</sup> July 2013  
Volume 1, Issue 1

## CAMPUS CHRONICLE

### CAMPUS KINDERGARTEN NEWSLETTER

#### Inside this issue:

Pre-kindy , Kindy A, Kindy B News	2
Calendar of Events	4
Reminders to Parents	4
Reminders to Children	4
NQF updates	5
Community News	6
Nutrition Snack Recipes	7
Policy review / Feedback	8

## Campus Community Updates

- ★ Earn and Learn –as you know, Campus has been participating in the Woolworths Earn and Learn program. The program has now ended for this year. So a big thank you to all the families who help and support the program. We have collected 3360 Woolworths Earn & Learn Points which we will redeem for some educational equipment for the children.
- ★ Website - after a long wait finally the NEW Campus Kindy's Website will be launched in **July 2013** please visit [www.campuskindergarten.org.au](http://www.campuskindergarten.org.au) for our new look Campus Kindy website. New items and stories, photo etc will continue to be uploaded onto the website so look out for those on our new site, and feel free to leave us a comment on our new website.
- ★ Staffing update - Sandy has officially started her Maternity leave as of 10th June and we welcome Michelle who will be covering Sandy's Maternity leave until her returns in July 2014.

## House Keeping

- ★ Please remember to Sign your child in and out on arrival and departure of Campus Kindy, this also needs to happen on those days when you child is **absent**. The next time you are in could you please check all the past sign in sheets to ensure that all are completed correctly.
- ★ Kindy Fees, just a reminder that all kindy fees need to be kept up to date with two weeks payment in advance. If you have any questions or enquiry regarding your fees please feel free to drop by to the admin building Alexis or myself will be able to assist you with any matter.
- ★ Immunization update - It is a requirement from the Office of Early Childhood that we have a documented record of all children's immunisation records. Please ensure that this is done EVERY TIME YOUR CHILD HAS ANOTHER IMMUNISATION in order for us to keep up to date with your child's Immunisation record at Campus.
- ★ Car park Safety - a reminder to all parent to take extra care in the car park at arrival and departure always take a second look before backing out of the car space and be mindful of any children or any other car to avoid any accidents.
- ★ Change to Child Care Benefits - From July 1st child care Benefits will increase from \$3.90 per hour to \$3.99 per hour. This will be reflected in your July statement. Child Care Rebate of up to \$7500 will remain the same.



## UPCOMING EVENTS JULY 2013

- ★ **12<sup>th</sup>** - Movie Night
- ★ **8<sup>th</sup> to 12<sup>th</sup>** – NAIDOC week
- ★ **11<sup>th</sup>** - Nguin Warrup Story Telling – Indigenous acknowledgement
- ★ **26<sup>th</sup>** Indigenous dance performance
- ★ **28<sup>th</sup>** Pre-kindy x'mas in July
- ★ **18<sup>th</sup>** Board Meeting

### PRE-KINDY NEWS

The Pre-Kindy room has had a very busy second term. We welcomed two new members to our Campus Kindergarten community; Maggie to our Thursday-Friday group, and Amy to our Pre-Kindy team.

In this term, the children and Allyce have been working on a cooking project, where they have cooked, baked and made meals that incorporate fresh and nutritious ingredients. Throughout this project, the children have been involved in various learning opportunities that include literacy and numeracy experiences from doing the recipe; social skills such as sharing and taking turns to learning about different cultures of their community when testing different foods from different cultures.

This cooking project really worked well alongside our last few weeks off term too, where we explored Nutrition for 2 weeks. The children discovered different meals, recipes and ideas of how they can be healthy eaters.

Campus Kindergarten is a community that values and cares for its environment. During this term, we have started working on sustainable projects that will be on going throughout the year,

where we instil the notion of being aware of our own ecological footprint. Our sustainable projects started off with the introduction of recycling into the Pre-Kindy rooms; particularly during our meal times. The food scraps that we recycled were used for our worm farm and for our resident possum.

Our other projects were setting up a worm farm and planting herbs and seeds into our garden beds. These environmental projects are all intertwined, where we use the recycled food scraps for our worm. In turn, the liquid from the worm farm will then be used as fertiliser for our garden beds which will hopefully produce herbs that we could use for future cooking experiences.

It is really important that children arrive early in the morning for our learning circles. During our learning circles; we have been introducing children to early literacy and numeracy games. This includes playing listening games and introducing children to early numerical concepts and understandings. These games have been welcomed by the children with great interest.

We have also had our first Pre-Kindy excursion, where we made a visit to Café Nano at the AIBN building and enjoyed some yummy milkshakes. It was a wonderful experience to cap off the end of term and to celebrate how far our Pre-Kindy children have come.

## Kindy A News

What a busy but very enjoyable term the Kindy A class has had. This term we have been exploring group phonics and mathematics games. A favourite phonics game and song of Kindy A is *I have a song that gives me power!* In particular the children enjoyed becoming r r r red rockets! We have also been focusing on planting, setting up the worm farm, maps, pretend play, starting our jobs culture within the classroom, exploring social and emotional skills and developing awareness of Indigenous Peoples and Cultures. During the term we celebrated World Environment Day where we took a look at limiting food waste and the different ways Campus Kindergarten is being sustainable. The children created containers for the worms, chickens and possums to give their leftover food to. We then walked around Kindy feeding all the animals. Towards the end of the Term the two Kindy A groups went on an excursion to the UQ Great Court. We visited a rather large model crocodile, the physics museum and the geology museum before having a picnic lunch on the grass.

Nutrition and healthy eating was a constant theme throughout this term. We enjoyed singing and dancing to *I like to eat like a rainbow* and *2 Fruits, 5 Veggies to keep you body healthy!* At the end of term we celebrated with a shared rainbow salad!

This coming term we are aiming to continue exploring the use of the kid's camera, using our smart board within the classroom and exploring aspects of diversity and identity. This term we will be starting work on our centre wide film project exploring slapstick comedy and story boarding.

## Kindy B News

We have a wonderful Term in Kindy B. We have been very busy developing our listening skills, exploring how plants grow and learning about healthy nutritious food. Nutrition is very important for everyone, but it is especially important for children because it is directly linked to all aspects of their growth and development; factors which will have direct ties to their level of health as adults. The way children eat has a lasting impact on their health throughout their lives. Consuming nutritious foods helps children grow and develop as well as feeling good about themselves. We have made vegetable quiches, pizza toppers and veggie balls. Cooking gives us the opportunity to discuss what foods are good to eat all the time, such as fruits and vegetables and what foods are good to eat sometimes, such as cookies and cakes.

We celebrated the end of Term with a super hero party organised by Tina and Joss (Monty's parents). We made fruit kebabs for the occasions and ate sushi for lunch!!

We are looking forward to an exciting new term! Sandy is due to have her baby very soon and so we welcome Michelle into Kindy B.

# CAMPUS CHRONICLE

PAGE 4

## Calendar of Events



"to find one's life compass..."

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 Exploring Holistic Health 8-7pm (general information Night)	2	3	4
5	6	7 KINDY PHOTO DAY	8 KINDY PHOTO DAY	9	10	11 Working RFF
12	13	14 Royal QLD Show	15 Staff Meeting	16	17	18
19	20	21	22 Board Meeting	23	24	25
26	27	28	29	30 Father's Day For 01/09/13	31	

## This Term's Project

- ★ Lights, Camera, Action!
- ★ Knowing your Body



- ★ Music and Movement



## Reminders to Parents

- ★ A Reminder to all families, that Campus Kindergarten is NUT and CHOCOLATE free. We have children in our care that have a severe nut allergy, we take extra care in ensuring that there are NO foods that contain any trace of NUT. Campus Kindy MUST ask ALL families to double check all the food that is brought into the centre and ensure that it is NUT and CHOCOLATE free.
- ★ Ensure you pack two spare changes of clothes to suit the weather or for those unavoidable accidents



## Reminders to Children

Remember your

- ★ hats & sunscreen in the morning!



## JULY 2013

- 3<sup>rd</sup> Isabella B
- 4<sup>th</sup> Finn
- 8<sup>th</sup> Gretel
- 10<sup>th</sup> Gina
- 18<sup>th</sup> Thomas
- 18<sup>th</sup> Sophie J
- 21<sup>st</sup> Zac
- 28<sup>th</sup> Hannah

## AUGUST 2013

- 1<sup>st</sup> Felix
- 7<sup>th</sup> Casper
- 17<sup>th</sup> Yvonne
- 19<sup>th</sup> Alexis



# National Quality Framework Updates



Australian Children's Education & Care Quality Authority

## What the NQF means for you

The National Quality Framework (NQF) for Early Childhood Education and Care helps ensure your child is given the best possible start in life.

The NQF has new quality standards to improve education and care across long day care, family day care, preschools, kindergartens and outside school hours care services.

## Benefits for families

- greater individual care and attention for children
- better support for children's learning and development
- educators with increased skills and qualifications
- improved educator to child ratios in most services
- a new rating system of education and care services.

## New quality rating system

The National Quality Standard is part of the NQF. It sets a higher benchmark for all children's education and care services across Australia.

Your service will be given a rating for each of these seven quality areas, and an overall rating.

**1** Educational program and practice

**2** Children's health and safety

**3** Physical environment

**4** Staffing arrangements

**5** Relationships with children

**6** Partnerships with families and communities

**7** Leadership and service management

## Ratings against the National Quality Standard

Your child's service will most likely receive one of the three middle ratings below.

The assessment and rating system has been designed so families and educators understand what quality education and care is, and that quality will grow and develop – this is continuous improvement.

You can be assured that services take health and safety seriously. Your child's safety and health are important all day, every day.

### Significant Improvement Required

Service does not meet one of the seven quality areas or a section of the legislation and there is an unacceptable risk to the safety, health and wellbeing of children.

Immediate action will be taken to address issues.

### Working Towards National Quality Standard

Service may be meeting the National Quality Standard in a range of areas, but there are one or more areas identified for improvement.

### Meeting National Quality Standard

Service meets the National Quality Standard.

Service provides quality education and care in all seven quality areas.

### Exceeding National Quality Standard

Service goes beyond the requirements of the National Quality Standard in at least four of the seven quality areas.

### Excellent

Service promotes exceptional education and care, demonstrates sector leadership, and is committed to continually improving.

This rating can only be awarded by ACECQA.

Services rated Exceeding National Quality Standard may choose to apply for this rating.

# CAMPUS CHRONICLE

PAGE 6

## Ratings against the National Quality Standard

Your child's service will most likely receive one of the three middle ratings below.

The assessment and rating system has been designed so families and educators understand what quality education and care is, and that quality will grow and develop – this is continuous improvement.

You can be assured that services take health and safety seriously. Your child's safety and health are important all day, every day.

### Significant Improvement Required

Service does not meet one of the seven quality areas or a section of the legislation and there is an unacceptable risk to the safety, health and wellbeing of children.

Immediate action will be taken to address issues.

### Working Towards National Quality Standard

Service may be meeting the National Quality Standard in a range of areas, but there are one or more areas identified for improvement.

### Meeting National Quality Standard

Service meets the National Quality Standard.

Service provides quality education and care in all seven quality areas.

### Exceeding National Quality Standard

Service goes beyond the requirements of the National Quality Standard in at least four of the seven quality areas.

### Excellent

Service promotes exceptional education and care, demonstrates sector leadership, and is committed to continually improving.

This rating can only be awarded by ACECQA.

Services rated Exceeding National Quality Standard may choose to apply for this rating.

To find out more about the NQF and how it affects you and your child, talk to your service or visit the Australian Children's Education and Care Quality Authority (ACECQA) website:

[www.acecqa.gov.au/families](http://www.acecqa.gov.au/families)

[www.acecqa.gov.au](http://www.acecqa.gov.au)

1300 4 ACECQA = 1300 422 327

## Community News



### Trouble parenting your 2-9 year old child?

Parenting now comes with a brief online instruction manual!

Researchers from the University of Queensland are offering **FREE** access to a brief online parenting program for 200 families as part of a research study. The newly developed program is based on the Triple P- Positive Parenting Program and offers simple solutions to common parenting problems like disobedience and aggression. If you are concerned about the behaviour of your **2-9 year old** go to <https://exp.psy.uq.edu.au/solutions> for more information, email [TriplePSolutions@psy.uq.edu.au](mailto:TriplePSolutions@psy.uq.edu.au) or contact the project coordinator on (07) 3365 8870.

## Nutrition Snack Recipes

# PEA AND HAM FRITTATA

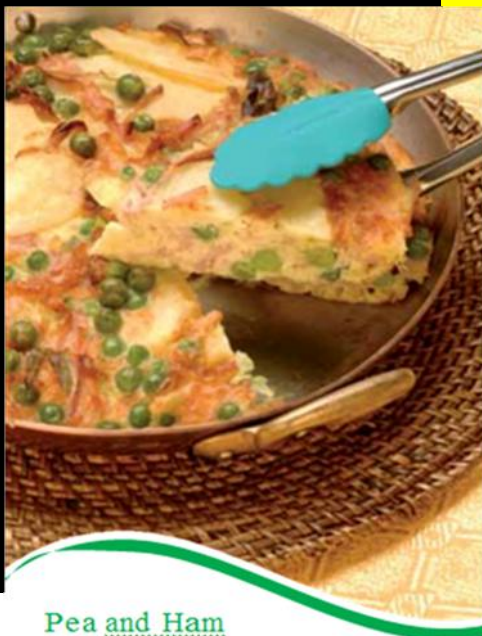
INGREDIENTS	6 serves	25 serves	60 serves
Olive oil	½ tbsp	2 tbsp	3 tbsp
Onion	1 small	1 large	2 large
Eggs	4	15	40
Ham (finely sliced)	200g	800g	2kg
Peas	1 cup	4 cups	10 cups
Boiled potato (sliced)	1 large	4 large	10 large
Grated cheese	½ cup	2 cups	5 cups

### Method

1. Heat oil in pan and add onions. Stir and cook until soft but not brown.
2. Add ham, peas and potato. Gently stir to heat through.
3. Whisk eggs in separate bowl.
4. Place vegetables into ovenproof dish.
5. Sprinkle grated cheese over vegetables.
6. Pour egg mixture over vegetables and cheese.
7. Bake in oven at 160°C for 30 minutes (or until cooked through).
8. Serve with bread or wholemeal crackers.

### Variation: Tuna and Broccoli Frittata

- Replace ham with drained tuna in spring water (200g for 6 serves, 800g for 25 serves, 2kg for 60 serves).
- Replace peas with the same quantity of broccoli florets.
- Add fresh, frozen or canned sweet corn kernels (drained and rinsed) at Step 4 (125g for 6 serves, 400g for 25 serves, 1.25kg for 60 serves).
- Serve with bread or wholemeal crackers.



Pea and Ham  
Frittata (p. 71)

© Dairy free   © Gluten free   © Vegetarian   © Egg free

## Vegetable pikelets

Add creamed corn; spring onions; grated zucchini, carrot and cheese to the usual pikelet mix

## Veggie jaffles

Fillings can include spinach and feta; baked beans; mashed

## Policy Review / Feedback



Dear Campus Communities,

We are constantly updating and renewing our centre policies to provide the best quality care. We would appreciate any input or ideas you may have to contribute to our centre policies. Please read the following policy and provide any feedback you may

### THE GOWRIE (QLD) INC

### KINDERGARTEN

### GRIEVANCE FOR FAMILIES POLICY

#### CONSIDERATIONS:

NATIONAL QUALITY STANDARDS	6.1, 7.1, 7.3
NATIONAL LAW ACT & NATIONAL REGULATIONS	Law: Section 172 Regulations: 168, 171

#### POLICY STATEMENT:

To support a grievance settlement procedure to deal with any situation in which a parent/guardian requires formal action to be initiated in respect to an issue, concern, dispute or problem occurring in the Service

#### RELEVANT FORMS/MATERIAL:

- The Kindergarten Handbook
- The Gowrie (Qld) Record of Complaint Form
- Notification of Complaints and Incidents (Other than Serious Incidents) **NL01** ACECQA

#### SOURCES:

- Education and Care Services National Regulations 2011  
(Accessed 2012)



## IMPLEMENTATION:

BACKGROUND INFORMATION	<p>A complaint or grievance is a statement of dissatisfaction made by a parent or guardian about any aspect of their involvement with the Kindergarten as an organisation and/or the program they are attending, where some action is requested to remedy/improve the situation. The Gowrie (QLD) views all complaints, concerns or grievances as opportunities to review and improve policies and procedures.</p>
PROCEDURE	<p>In the event of a complaint or grievance, parents/guardians of children attending the service are encouraged to raise their concerns with the Nominated Supervisor.</p> <p>The Nominated Supervisor will then make a time with the parent or guardian to discuss the matter and work through possible solutions or offer supportive material.</p> <p>If the parent/guardian verbally raises a complaint/concern with a Service Nominated Supervisor, where some action is requested to remedy/improve the situation, the Service Nominated Supervisor will document the conversation and action taken and meet with the President.</p> <p>Documentation required includes:</p> <ul style="list-style-type: none"> <li>• The concern or complaint</li> <li>• The date and time the discussion took place</li> <li>• Whether the discussion was in person or over the phone</li> <li>• Any information provided to the parent/guardian</li> <li>• The outcome of the conversation</li> </ul> <p>This information will be compiled on a Service Record of Complaint Form and key areas of concern to be identified in relation to policies, Philosophies, Regulations and Standards contravened.</p> <p>Outcomes are also recorded and the aim is to resolve the issue with the family at this level.</p> <p>This report is then filed on the family history file.</p> <p>If families feel that their grievance has not been resolved satisfactorily at this level, the parent/guardian will be encouraged to place the complaint in writing and address the matter to the President who will bring the complaint/concern to the attention of the Executive Committee for noting and action.</p>

# CAMPUS CHRONICLE

PAGE 10

	<p>All complaints and grievances will be handled with respect for confidentiality and procedural fairness will be observed in all aspects of handling a complaint. On completion of Record of Complaint Form CGB is to be informed</p> <p>In the instance of a service not being able to process a grievance complaint satisfactorily to all parties the Central Governing Body will be informed. The CGB will then discuss for their process with the service</p> <p>In the instance that a family raises a grievance first with the Central Governing Body the CGB will document the correspondence &amp; direct the family to undertake the grievance process with the service.</p> <p>Those services who are members of an employer's union e.g. ACSEA, may also seek advice and guidance from them. A diagram outlining Governance Arrangements is attached for your reference.</p>
<p>ACECQA Office for. Early Childhood, Education and Care</p>	<p>Our Services are assessed under the National Quality Framework and related Legislation. This legislation sets the minimum quality standards that Services must meet in order to legally operate. The Regulatory Authority is responsible for assessing early childhood education and care services prior to school entry.</p> <p>A copy of the Act and Regulation are available from the Service office for you to read.</p> <p>If you wish to contact them at any time relative to the service you are attending the contact details are listed on the attached pages.</p>

Policy Name: \_\_\_\_\_

Please feel free to write down any feedback and comments and return this section to the office.

---

---

---

---

---

---